

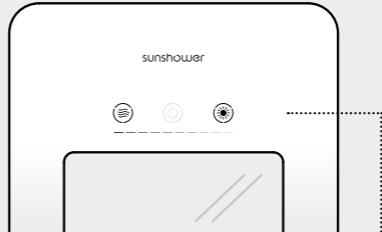
Sunshower PLUS

Start

EN



1



Touch

Choose

☰ infrared or ☀ UV light

2

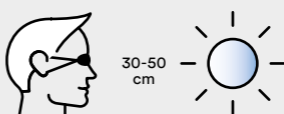


10

Time

Full programme > infrared 10 minutes
> UV-light 10 minutes
Shorter programme > press OFF button
Post-cooling > few minutes

3



Goggles

When using the UV light, put on the supplied goggles and keep 30-50 cm away from the device. The activating UV light is especially suitable for morning use.

4



UV

Low-dose, safe UV light

Getting used to UV by skin type*. During the build-up, rest 48 h between sessions.

Gradual build-up for skin type 2:

session 1: 4 min, session 2: 7 min, session 3+: 10 min

Gradual build-up for skin types 3 and 4:

session 1: 6 min, session 2: 8 min, session 3+: 10 min

Gradual build-up for skin types 5 and 6:

session 1: 8 min, session 2+: 10 min

* Determine your skin type at www.sunshower.eu

5



Infrared

Sunshower® infrared consists of two wavelengths: short wave (IRA) and medium wave (IRB). IRA penetrates deep into your body and warms from the inside out. IRB provides the warm feeling on the skin.

6



Maintenance

After use, wipe the Sunshower glass plate dry with a squeegee. If necessary, wipe with a dry cloth afterwards. Order our cleaning set through your dealer for long-term maintenance.

7



Positive

Sunlight nourishes the body and makes you feel fitter, more vital and energetic. Sunshower®'s warming infrared and low-dose UV light enable you to experience this all year round.

sunshower®

health & wellbeing